

		RSHE LTP		
		autumn	spring	Summer
2025-26	KS1	<p>Do all families look the same? Families and people who care for us? Which Mr Man would you chose to be your friend? Caring Friendships</p>	<p>Who is a trusted adult? Online relationships + Being safe</p>	<p>What if we were all the same? Respectful Relations What colour is happiness? Mental Wellbeing</p>
	KS2	<p>What does marriage mean to different people? Families and people who care for us Is blue for boys? Respectful Relations</p>	<p>Is being strong the same as being healthy? Physical Health and Fitness Can you invent the perfect friend? Caring Friendships</p>	<p>Are all role models positive? Drugs, Alcohol and Tobacco What should I do if I don't feel safe? Being safe</p>
2026-27	KS1	<p>When should we dial 999? Basic First Aid What does it mean to be sad? Caring Relationships</p>	<p>What colour are you today? Mental Wellbeing</p>	<p>How many ways can we keep ourselves safe? Healthy Eating Health and Prevention</p>
	KS2	<p>What keeps us healthy? Health and Prevention Should we always stand up for what we believe? Respectful Relations</p>	<p>How can we protect ourselves? Health and Prevention Will we always have the same friends? Caring friendships</p>	<p>Why do people behave differently online? Online relationships Is grief a negative emotion? Mental Wellbeing</p>
2027-28	KS1	<p>Do all families look the same? Families and people who care for us? Which Mr Man would you chose to be your friend? Caring Friendships</p>	<p>Who is a trusted adult? Online relationships + Being safe</p>	<p>What if we were all the same? Respectful Relations What colour is happiness? Mental Wellbeing</p>
	KS2	<p>How do our actions affect others? Respectful Relations Does everyone feel the same emotions? Mental Wellbeing</p>	<p>How do you respond in an emergency? Basic First Aid What is a healthy friendship? Caring Friendships</p>	<p>Should you always keep a secret? Being safe Why are there age limits on films and games? Online relationships</p>
2028-29	KS1	<p>When should we dial 999? Basic First Aid What does it mean to be sad? Caring Relationships</p>	<p>What colour are you today? Mental Wellbeing</p>	<p>How many ways can we keep ourselves safe? Healthy Eating Health and Prevention</p>
	KS2	<p>What makes a family? Families and people who care for us How can we influence people's happiness? Mental Wellbeing</p>	<p>How can I make a difference? Mental Wellbeing Why do we make friendships? Caring Friendships</p>	<p>When should you be respectful? Online relationships + Respectful Relations</p>