

Focus: Knot skills, weaving, bundling, constructing natural swings and hammocks.

Week	Lesson Activity	Learning Objective	Resources	Linked Learning Characteristics
1	Explore and learn simple knots (reef, clove hitch) (EYFS – stop knot – left over right and under, right over left and under)	To develop fine motor skills and follow knot-tying instructions	Ropes, twine, knot cards	Creative: Adaptive, Curious Personal: Independent learner
2	Weaving with natural materials (willow, grass)	To explore patterns and textures in nature	Willow, grasses, string	Creative: Imaginative & creative Personal: Reflective
3	Making natural bundles & binding sticks	To practice knot tying through bundle making	Twine, sticks	Creative: Purposeful Personal: Determined & resilient
4	Intro to macramé (simple knots & designs)	To create a decorative item using macramé techniques	Twine, visual instructions	Creative: Independent thinker Personal: Resourceful
5	Make mini hammocks for toys	To apply knot skills to create functional items	Ropes, toys, trees	Creative: Builds links Personal: Risk taker
6	Design & build child-size hammock or swing	To collaborate and test design ideas outdoors	Ropes, trees, carabiners	Personal: Collaborative Community: Responsibility
7	Evaluate and improve swings/hammocks	To reflect on construction and make improvements	All materials used so far	Personal: Reflective & self-improvement Community: Participation